

Name: _____

Self-Assessment: Who I Am

Gender:

- Male
- Female

Marital Status:

- Single
- Married
- Separated
- Divorced
- Widowed

Status:

- Employed
- Unemployed
- Retired
- Entrepreneur
- College Student
- Entry-Level
- Other

Mindset—My Future Outlook:

- Hopeful
- Depressed
- Fearful
- Short-Term Focus
- Long-Term Focus
- Okay
- Other

Self-Assessment: What Issues I Face at Work

- | | | |
|---|--|---|
| <input type="checkbox"/> Loss of self-identity | <input type="checkbox"/> Unclear directions | <input type="checkbox"/> Violence |
| <input type="checkbox"/> Outdated rules, policies | <input type="checkbox"/> Stress | <input type="checkbox"/> Disrespect for authority |
| <input type="checkbox"/> Unjust compensation | <input type="checkbox"/> Meaningless work | <input type="checkbox"/> Back stabbing |
| <input type="checkbox"/> Unrealistic goals | <input type="checkbox"/> Inadequate tools, equipment | <input type="checkbox"/> Distrust |
| <input type="checkbox"/> Dead-end job | <input type="checkbox"/> Sexual immorality | <input type="checkbox"/> Poor customer service |
| <input type="checkbox"/> Dehumanizing bureaucracy | <input type="checkbox"/> Apathy, laziness | <input type="checkbox"/> Arrogance |
| <input type="checkbox"/> Unethical behavior, corruption | <input type="checkbox"/> Rumors, gossip, mess | <input type="checkbox"/> Power grabs |
| <input type="checkbox"/> Insufficient training | <input type="checkbox"/> Sense/air of entitlement | <input type="checkbox"/> Other |